

Insurance

Reimbursement

I am an out of network provider with many insurance companies which means that I do not bill insurance companies directly. Your counseling services may be eligible for reimbursement through out-of-network benefits, medical spending or health care savings accounts. Health insurance plans and benefits vary. If you are interested in using your health insurance to see Corinne Pecile, LCSW for therapy, please talk with Corinne about this. The first step you can take is to call your insurance provider to inquire about reimbursement for out-of-network counseling services. (See below for questions to ask your insurance company). I will provide you with a receipt at the end of each session which you can submit to your insurance company for out-of-network coverage/reimbursement.

Questions to ask your insurance provider (prior to seeing Corinne for counseling): If you would like to investigate the possibility of reimbursement for out-of-network coverage, please check your policy carefully and ask the following questions of your provider:

1. Do I have mental health benefits?
2. What is my deductible and has it been met?
3. How many mental health sessions per calendar year does my insurance plan cover?
4. How much does my plan cover for an out-of-network mental health provider?
5. How do I obtain reimbursement for therapy with an out-of-network provider?
6. What is the coverage amount per therapy session?
7. Is approval required from my primary care physician?
8. What type of documentation do you need from my therapist for services to be covered?